

**One Minute Meditations for www.taborlife.org
File 001 “ Why Can’t We Live Without Sex?”**

Can you imagine living a life without love, marriage, intimacy, sex having children or friendship?---of course not. I am Fr. Thomas J. Loya with a theology of the body moment for the Tabor Life Institute.

Why do we desire these things so much? It is because God who is Father, Son and Holy Spirit is a union and communion of persons who united Himself with us in what the Scriptures describe as a mystical marriage—a fruitful self-giving. Scripture also says that we are made in God’s image and likeness so we too are called to become a union and communion of persons in fruitful self-giving. This is why we cannot imagine living without marriage, intimacy, sex, having children and friendship. Pope John Paul II said in his theology of the body that these are the very things that make us most like God.

To find out more about the theology of the body visit www.taborlife.org