

**One Minute Meditations for www.taborlife.org
File 005 “What Do Men Really Want?”**

Ladies, would you like to know what it is that men *really* want? I am Fr. Thomas J. Loya with a theology of the body moment for The Tabor Life Institute.

In compliment to woman’s body the body of a man is designed to act *upon* the environment, to go up against things greater than he is. Men are designed to defend, protect, tear down, build, resist, invent, in short...to accomplish the task. Their greatest desire, therefore, is to be told that they have what it takes, they measure up and have *indeed* accomplished the task. Conversely a man’s greatest fear is to be told that he is *not* adequate, that he is ...a failure.

A man wants to see reflected in the eyes of his woman, the essential message of his manhood: “Yes, I *do* believe in you, honey. You *are* my knight in shining armor.”

Ladies, when a man hears that message...he will do *anything* for you.

To find out more about the theology of the body, visit www.taborlife.org